

Adelaide Fringe 2017 review: Matrophobia 4 STARS!

Bakehouse Theatre – Studio, until March 18.

REALISING you're turning into your parent can be good, bad, or both, as explored in this compelling examination of mother-daughter relationships.

Through spoken word, video and movement, four daughters unpack their relationships with their own mothers in a performance that is challenging, entertaining, unapologetic and at times harrowing.

The result is not simply a celebration of motherhood, but also a commentary on what women must endure and overcome at the hand of the patriarchy.

These girls can act, each bringing their own experiences to roles they play with absolute commitment.

Despite being about women and performed by women, this is not simply a show for the ladies, though they will no doubt be able to relate better to some of the performance's themes.

It's confronting, unsettling, thoroughly engaging and ultimately uplifting.

Tom Bowden